

**VYVGART Hytrulo®**  
(efgartigimod alfa and hyaluronidase-qvfc)

**VYVGART®**  
(efgartigimod alfa-fcab)



I'm talking to  
**MY doctor**  
about  
**treatment**  
**MY way**

Get the conversations going

AChR=acetylcholine receptor.

**What is VYVGART® (efgartigimod alfa-fcab) for intravenous (IV) infusion and what is VYVGART HYTRULO® (efgartigimod alfa and hyaluronidase-qvfc) for subcutaneous injection?**

VYVGART and VYVGART HYTRULO are both prescription medicines used to treat adults with generalized myasthenia gravis (gMG) who are anti-acetylcholine receptor (AChR) antibody positive. It is not known if VYVGART or VYVGART HYTRULO is safe and effective in children.

**SELECT IMPORTANT SAFETY INFORMATION**

Do not take VYVGART if you are allergic to efgartigimod alfa or any of the ingredients in VYVGART. Do not take VYVGART HYTRULO if you are allergic to efgartigimod alfa, hyaluronidase, or any of the ingredients in VYVGART HYTRULO. VYVGART or VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

**Please see Important Safety Information throughout. Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO for subcutaneous injection and [Prescribing Information](#) for VYVGART for IV infusion.**

## It's time to talk

Getting the most out of your gMG treatment plan means having conversations that matter. Talking to your doctor about what's working, and what isn't, can help you in reaching your treatment goals.



**“My doctor wanted the same thing for me that I wanted for me. He made me feel confident that he was going to do everything he could to get me to the best life I can have with gMG.”**

### **Steve**

Living with anti-AChR antibody positive gMG

Steve is a paid spokesperson of argenx.

## SELECT IMPORTANT SAFETY INFORMATION

Before taking VYVGART or VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you: have an infection or fever; have recently received or are scheduled to receive any vaccinations; have any history of allergic reactions; have kidney (renal) problems. Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

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## How to use this guide

Fill out each of the sections in this guide and bring it with you to your next appointment with your doctor. Here's what you'll do in each section:



**Describe your current gMG symptoms**

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**Check how well your current gMG treatment is working for you**

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**Learn about a symptom tracking tool and use it to assess your current symptoms**

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**Set treatment goals that are important to you**

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**See terms your doctor may use**

## SELECT IMPORTANT SAFETY INFORMATION

Before taking VYVGART or VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you: are pregnant or plan to become pregnant; are breastfeeding or plan to breastfeed. It is not known whether VYVGART or VYVGART HYTRULO will harm your unborn baby. It is not known if VYVGART or VYVGART HYTRULO passes into your breast milk. Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART or VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to [VYVGARTPregnancy.com](https://www.vyvgartpregnancy.com).

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## What are MY gMG symptoms?

Write down your symptoms and describe how they impact your daily activities. Share with your doctor as a starting point for where you would like to see improvement.



### Face, mouth, and throat

*Example*

**Symptom:** Swallowing

**Impact:** Difficult to enjoy a meal

**Symptom(s):** \_\_\_\_\_

\_\_\_\_\_

**Impact:** \_\_\_\_\_

\_\_\_\_\_



### Limbs and neck

*Example*

**Symptom:** Weakness

**Impact:** Difficult to wash my hair

**Symptom(s):** \_\_\_\_\_

\_\_\_\_\_

**Impact:** \_\_\_\_\_

\_\_\_\_\_



### Breathing

*Example*

**Symptom:** Shortness of breath

**Impact:** Difficult to climb stairs

**Symptom(s):** \_\_\_\_\_

\_\_\_\_\_

**Impact:** \_\_\_\_\_

\_\_\_\_\_



### Eyes and vision

*Example*

**Symptom:** Eyelid drooping

**Impact:** Difficult to drive or read

**Symptom(s):** \_\_\_\_\_

\_\_\_\_\_

**Impact:** \_\_\_\_\_

\_\_\_\_\_

Share your symptoms with your doctor and learn more at [MySymptomGroups.com](https://www.mysymptombgroups.com)

### SELECT IMPORTANT SAFETY INFORMATION

VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including infection. VYVGART or VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART or VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection: fever; chills; frequent and painful urination; cough; pain and blockage of nasal passages; wheezing; shortness of breath; sore throat; excess phlegm; nasal discharge.

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## How am I doing on MY current gMG treatment?

Think about the following questions and check the box that best describes your answer.

### How well is your current gMG treatment working?

☐ Very well ☐ Somewhat well ☐ Not very well ☐ Not at all

### How well are you able to perform daily activities with your current gMG treatment?

☐ Very well ☐ Somewhat well ☐ Not very well ☐ Not at all

### How well does your current gMG treatment fit into your schedule?

☐ Very well ☐ Somewhat well ☐ Not very well ☐ Not at all

### Do you have gMG symptoms with your current treatment?

☐ Yes ☐ No

### List any side effects you may be having with your current gMG treatment:



“I hope that folks know that the status quo is not necessarily the right end point. Better is the direction, and the best you can feel is the goal.”

**Dr. Jeffrey Rosenfeld**  
Neurologist

Dr. Rosenfeld is a paid spokesperson of argenx.

### SELECT IMPORTANT SAFETY INFORMATION

VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including allergic reactions (hypersensitivity reactions). VYVGART or VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction with VYVGART or VYVGART HYTRULO: rash; swelling of the face, lips, throat, or tongue; shortness of breath; trouble breathing; low blood pressure; fainting. An additional symptom of an allergic reaction with VYVGART HYTRULO can include hives.

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## Finding MY score for MY symptoms

The Myasthenia Gravis Activities of Daily Living (MG-ADL) scale helps you rate your symptoms and see how your scores change over time. Use it as a tool in ongoing conversations to give your doctor a more complete picture of your gMG symptoms.

### How to use the MG-ADL scale



Rate your symptoms with a score of 0 to 3 for each of the 8 items on the scale.



Add up your scores for a total of 0 to 24 points. A higher score shows more severe gMG.



Tracking your symptoms consistently is important. Tracking them weekly can help you and your doctor see your progress.



“My MG-ADL scores helped to show where I was having improvement. We kept track of the MG-ADL scores to see where I was trending and what may be playing a factor in that.”

**Niki**

Living with anti-AChR antibody positive gMG

Niki is a paid spokesperson of argenx.

### SELECT IMPORTANT SAFETY INFORMATION

VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including infusion or injection-related reactions. VYVGART can cause infusion-related reactions. VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction: high blood pressure; chills; shivering; chest, stomach, or back pain.

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Grade	0	1	2	3	Score (0, 1, 2, or 3)
<b>1. Talking</b>	Normal	Intermittent slurring or nasal speech	Constant slurring or nasal, but can be understood	Difficult to understand speech	
<b>2. Chewing</b>	Normal	Fatigue with solid food	Fatigue with soft food	Gastric tube	
<b>3. Swallowing</b>	Normal	Rare episode of choking	Frequent choking necessitating changes in diet	Gastric tube	
<b>4. Breathing</b>	Normal	Shortness of breath with exertion	Shortness of breath at rest	Ventilator dependence	
<b>5. Impairment of ability to brush teeth or comb hair</b>	None	Extra effort, but no rest periods needed	Rest periods needed	Cannot do one of these functions	
<b>6. Impairment of ability to arise from a chair</b>	None	Mild, sometimes uses arms	Moderate, always uses arms	Severe, requires assistance	
<b>7. Double vision</b>	None	Occurs, but not daily	Daily, but not constant	Constant	
<b>8. Eyelid droop</b>	None	Occurs, but not daily	Daily, but not constant	Constant	

**MG-ADL score total (Add lines 1-8) =**

*This information has been provided for educational purposes only and is not meant to be a substitute for professional medical advice. Patients should not use this information for diagnosing a health condition. Patients should always consult a healthcare professional for medical advice or information about diagnosis and treatment.*

**Source:** Wolfe GI, et al. *Neurology*. 1999;52(7):1487-1489.

## SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of VYVGART or VYVGART HYTRULO include respiratory tract infection, headache, and urinary tract infection. An additional common side effect with VYVGART HYTRULO includes injection site reactions. These are not all the possible side effects of VYVGART or VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Please see Important Safety Information throughout. Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO for subcutaneous injection and [Prescribing Information](#) for VYVGART for IV infusion.**

## Setting a goal and sharing with MY doctor

Now that you've put a number to your symptoms, use it to focus on what a lower score could mean for you.

**Write down what you'd most want to do if your gMG symptoms and your daily abilities could be improved. Then, look back at your score in follow-up conversations to see how you're doing.**

My current score is \_\_\_\_\_

If it went down to \_\_\_\_\_, I would \_\_\_\_\_

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“A personal goal for me would be being able to go out into the garden. Just getting my hands in the soil without feelings of fatigue.”

**David**

Living with anti-AChR antibody positive gMG

David is a paid spokesperson of argenx.

Tell your doctor what you'd like to do. For inspiration, go to [MyAbilityGoals.com](https://myabilitygoals.com)

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## Speaking the same language

Sometimes doctors use terms you haven't heard before or you don't know what they mean. Knowing these terms may help you in your next conversation.

### Terms your doctor may use

#### Anti-AChR antibody positive generalized myasthenia gravis

- This is the full name for the most common type of myasthenia gravis. You or your doctor may call it “myasthenia,” “gMG,” or “MG” for short

#### Biologics

- Biologics are medications created from living things. They target specific parts of the immune system to treat various types of gMG
- VYVGART Hytrulo is a biologic medication approved by the FDA as an add-on treatment for adults with anti-AChR antibody positive gMG

#### FcRn receptors

- In gMG, FcRn receptors play an important role. They extend the life of IgG antibodies. This includes harmful AChR antibodies, which are the main cause of gMG symptoms
- FcRn receptors can be occupied by gMG treatments like VYVGART Hytrulo. When this happens, more harmful AChR antibodies are destroyed and removed

#### First-line treatment

- Medications that are commonly used as a first gMG treatment option
- First-line treatments can include steroids, anticholinesterase inhibitors, and immunosuppressive therapies

#### Prefilled syringe

- A one-time use (single-dose) syringe that's already filled with a dose of medication
- VYVGART Hytrulo can be given as a subcutaneous injection into the layer beneath the skin using a prefilled syringe

Ask your doctor about these terms and find more at [TermsToKnow.com](https://www.terms toknow.com)

FcRn=neonatal Fc receptor.

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**Before taking VYVGART or VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you:**

- have an infection or fever.
- have recently received or are scheduled to receive any vaccinations.
- have any history of allergic reactions.
- have kidney (renal) problems.
- are pregnant or plan to become pregnant. It is not known whether VYVGART or VYVGART HYTRULO will harm your unborn baby.
  - Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART or VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to [VYVGARTPregnancy.com](http://VYVGARTPregnancy.com)
- are breastfeeding or plan to breastfeed. It is not known if VYVGART or VYVGART HYTRULO passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including:**

- **Infection.** VYVGART or VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART or VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection:

- |                                       |                       |
|---------------------------------------|-----------------------|
| - fever                               | - wheezing            |
| - chills                              | - shortness of breath |
| - frequent and painful urination      | - sore throat         |
| - cough                               | - excess phlegm       |
| - pain and blockage of nasal passages | - nasal discharge     |

- **Allergic reactions (hypersensitivity reactions).** VYVGART or VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction with VYVGART or VYVGART HYTRULO:

- |   |                       |
|---|-----------------------|
| - rash  | - shortness of breath |
| - swelling of the face, lips, throat, or tongue | - trouble breathing   |
|   | - low blood pressure  |
|   | - fainting            |

An additional symptom of an allergic reaction with VYVGART HYTRULO can include hives.

*(Continued on page 11.)*

(Continued from page 10.)

- **Infusion or injection-related reactions.**

VYVGART can cause infusion-related reactions. VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction:

- high blood pressure
- chills
- shivering
- chest, stomach, or back pain

**The most common side effects of VYVGART or VYVGART HYTRULO include respiratory tract infection, headache, and urinary tract infection. An additional common side effect with VYVGART HYTRULO includes injection site reactions.**

These are not all the possible side effects of VYVGART or VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

## What is VYVGART® (efgartigimod alfa-fcab) for intravenous (IV) infusion and what is VYVGART HYTRULO® (efgartigimod alfa and hyaluronidase-qvfc) for subcutaneous injection?

VYVGART and VYVGART HYTRULO are both prescription medicines used to treat adults with generalized myasthenia gravis (gMG) who are anti-acetylcholine receptor (AChR) antibody positive.

It is not known if VYVGART or VYVGART HYTRULO is safe and effective in children.

**Please see full Prescribing and Patient Information for VYVGART HYTRULO for subcutaneous injection and full Prescribing Information for VYVGART for IV infusion.**

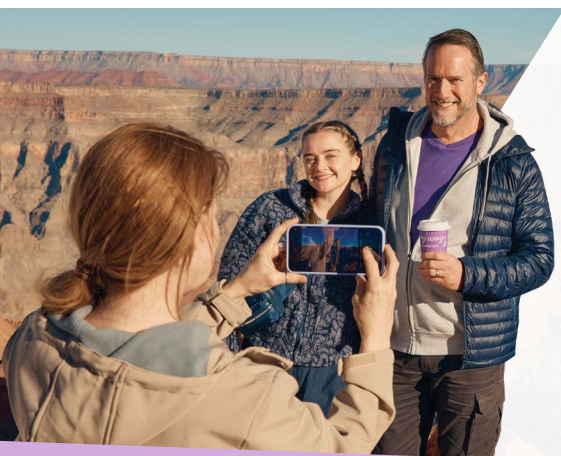
### Dosage forms and strengths:

VYVGART Hytrulo is available as a single-dose subcutaneous injection containing: 200 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per prefilled syringe, or 180 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per vial. VYVGART is available as a single-dose injection for intravenous use containing 400 mg/20 mL of efgartigimod alfa-fcab per vial.

## NOTES

[illegible]

**Now you're ready! Take this guide to your next appointment.**



**VYVGART®**  
(efgartigimod alfa-fcab)

**An IV infusion that's been FDA-approved  
for over 3 years**

**VYVGART Hytrulo®**  
(efgartigimod alfa and hyaluronidase-qvfc)

**Self-inject with the prefilled syringe  
at home—or it can go where you go\***

**#1 prescribed branded biologic treatments for MY gMG<sup>†</sup>**

### **The VYVGART Hytrulo prefilled syringe can fit MY life, not the other way around**



#### **Prefilled and can go where you go**

Inject in your own space, whether that's your kitchen table or a hotel room with a view.\*



#### **Personalized one-on-one training**

You and/or your caregiver will receive in-person training at home or in your doctor's office until you're ready to inject on your own. You'll also get a demonstration kit to help you practice.



#### **Finding more time in your day for the things you love**

Self-inject in about 20-30 seconds with the VYVGART Hytrulo prefilled syringe.\*

**Talk to your doctor about VYVGART Hytrulo and learn more at [HytruloForYou.com](https://HytruloForYou.com)**

\*Please see **Patient Information**. Follow appropriate administration steps and storage and handling guidance in the **Instructions for Use**. Monitor for signs and symptoms of an allergic reaction for at least 30 minutes after injection. If an allergic reaction occurs, you should seek medical attention.

<sup>†</sup>VYVGART for IV infusion and VYVGART Hytrulo for subcutaneous injection are the combined #1 prescribed FDA-approved biologic treatments for adults with anti-AChR antibody positive gMG. Based on IQVIA LAAD from January 2023 to December 2024. Data is based on validated open claims of VYVGART for IV infusion, VYVGART Hytrulo for subcutaneous injection, oral products and other biologics that have been approved by the FDA for the treatment of adults with generalized myasthenia gravis. Patients who had more than one medical claim in this dataset were counted only once, based on a pre-defined hierarchy.

IV=intravenous.

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