



FDA-approved treatments for adults with anti-AChR antibody positive generalized myasthenia gravis (gMG)

Understanding your gMG symptoms: Breathing problems

AChR=acetylcholine receptor; gMG=generalized myasthenia gravis



What is generalized myasthenia gravis (gMG)?



A **rare**, autoimmune, neuromuscular condition that causes muscle weakness and fatigue Estimated to affect as many as 60,000 people in the U.S.

~85%
of people living with gMG have anti-AChR antibody positive gMG

Among the symptoms that some people living with gMG may experience are **breathing problems**. **These symptoms may include:**



Shortness of breath



Shallow breathing

By understanding and tracking your symptoms, you can get a sense of how they change over time.



Talk to your doctor about your symptom score on the Myasthenia Gravis Activities of Daily Living (MG-ADL) scale and share what you want to work towards with your treatment plan.

What is the MG-ADL scale? It's a tool that helps you measure the impact of gMG on daily functions. You assign a score to 8 common signs or symptoms of gMG based on how you're feeling that day. Scores range from 0 to 3—a score of 0 represents normal function and a score of 3 represents the loss of ability to perform that function. Total scores range from 0 to 24 points, with a higher score showing more severe gMG.

MG-ADL=Myasthenia Gravis Activities of Daily Living Visit **YYVGART.com/glossary** for a glossary of terms.

This is 1 of 4 guides about different groups of gMG symptoms, and is for educational purposes only. VYVGART for intravenous (IV) infusion and VYVGART Hytrulo for subcutaneous injection have not been proven to treat a specific symptom or group of symptoms.

Find all 4 guides at gMGSymptoms.com

SELECT IMPORTANT SAFETY INFORMATION

Do not use VYVGART if you have a serious allergy to efgartigimod alfa or any of the other ingredients in VYVGART. Do not use VYVGART HYTRULO if you have a serious allergy to efgartigimod alfa, hyaluronidase, or any of the other ingredients in VYVGART HYTRULO. VYVGART and VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information throughout. Please see the full Prescribing Information for VYVGART for IV infusion and VYVGART HYTRULO for subcutaneous injection.

If you're experiencing breathing problems, you're not alone

What are some muscles that help us breathe?



Diaphragm



Rib cage muscles



Back of the neck and shoulder muscles

I love to walk. But when I'm too short of breath, I can't."

Please talk to your doctor about any respiratory symptoms you are experiencing.

Sue*

Living with anti-AChR antibody positive gMG



Looking for ways to discuss your gMG symptoms and treatment goals with your doctor?



Find resources on <u>VYVGART.com</u>

SELECT IMPORTANT SAFETY INFORMATION

VYVGART and VYVGART HYTRULO may cause serious side effects, including infection.

VYVGART and VYVGART HYTRULO may increase the risk of infection. The most common infections for efgartigimod alfa-fcab-treated patients were urinary tract and respiratory tract infections. Signs or symptoms of an infection may include fever, chills, frequent and/or painful urination, cough, pain and blockage of nasal passages/sinus, wheezing, shortness of breath, fatigue, sore throat, excess phlegm, nasal discharge, back pain, and/or chest pain.

Please see Important Safety Information throughout. Please see the full Prescribing Information for VYVGART for IV infusion and VYVGART HYTRULO for subcutaneous injection.



How do your gMG symptoms affect the things that matter most to you?

Is there something you would get back to doing if your gMG symptoms and daily abilities could be improved? Talking about your goals and your gMG symptoms with your doctor may help inform your treatment plan.

When I get short of breath too quickly, I'm not even able to water my garden."

David*Living with anti-AChR antibody positive gMG



Download the goal-setting worksheet to help you define a Personal Ability Goal and share it with your doctor

You can also use the <u>interactive symptom tracking tool</u> to get your Myasthenia Gravis Activities of Daily Living (MG-ADL) symptom score.

SELECT IMPORTANT SAFETY INFORMATION

VYVGART and VYVGART HYTRULO may cause serious side effects, including allergic reactions (hypersensitivity reactions).

VYVGART and VYVGART HYTRULO can cause allergic reactions such as rashes, swelling under the skin, and shortness of breath. Hives were also observed in patients treated with VYVGART HYTRULO. Serious allergic reactions, such as trouble breathing and decrease in blood pressure leading to fainting have been reported with efgartigimod alfa-fcab.

Please see Important Safety Information throughout. Please see the full Prescribing Information for <u>VYVGART for IV infusion</u> and <u>VYVGART HYTRULO for subcutaneous injection</u>.

IMPORTANT SAFETY INFORMATION

Do not use VYVGART if you have a serious allergy to efgartigimod alfa or any of the other ingredients in VYVGART. Do not use VYVGART HYTRULO if you have a serious allergy to efgartigimod alfa, hyaluronidase, or any of the other ingredients in VYVGART HYTRULO. VYVGART and VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

VYVGART and VYVGART HYTRULO may cause serious side effects, including:

- Infection. VYVGART and VYVGART HYTRULO may increase the risk of infection. The most common infections for efgartigimod alfa-fcab-treated patients were urinary tract and respiratory tract infections. Signs or symptoms of an infection may include fever, chills, frequent and/or painful urination, cough, pain and blockage of nasal passages/sinus, wheezing, shortness of breath, fatigue, sore throat, excess phlegm, nasal discharge, back pain, and/or chest pain.
- Allergic Reactions (hypersensitivity reactions). VYVGART and VYVGART HYTRULO can cause allergic reactions such as rashes, swelling under the skin, and shortness of breath. Hives were also observed in patients treated with VYVGART HYTRULO. Serious allergic reactions, such as trouble breathing and decrease in blood pressure leading to fainting have been reported with efgartigimod alfa-fcab.
- Infusion-Related Reactions. VYVGART and VYVGART HYTRULO can cause infusion-related reactions. The most frequent symptoms and signs reported with efgartigimod alfa-fcab were high blood pressure, chills, shivering, and chest, abdominal, and back pain.

Tell your doctor if you have signs or symptoms of an infection, allergic reaction, or infusion-related reaction. These can happen while you are receiving your VYVGART or VYVGART HYTRULO treatment or afterward. Your doctor may need to pause or stop your treatment. Contact your doctor immediately if you have signs or symptoms of a serious allergic reaction.

Before taking VYVGART or VYVGART HYTRULO, tell your doctor if you:

- take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines.
- have received or are scheduled to receive a vaccine (immunization), or
- have any allergies or medical conditions, including if you are pregnant or planning to become pregnant, or are breastfeeding.

What are the common side effects of VYVGART and VYVGART HYTRULO?

The most common side effects in efgartigimod-alfa-fcab-treated patients were respiratory tract infection, headache, and urinary tract infection. Additional common side effects with VYVGART HYTRULO are injection site reactions, including rash, redness of the skin, itching sensation, bruising, pain, and hives.

These are not all the possible side effects of VYVGART and VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to the US Food and Drug Administration at 1-800-FDA-1088.

What is VYVGART® (efgartigimod alfa-fcab) for intravenous (IV) infusion and what is VYVGART® HYTRULO (efgartigimod alfa and hyaluronidase-qvfc) for subcutaneous injection?

VYVGART and VYVGART HYTRULO are both prescription medicines, each used to treat a condition called generalized myasthenia gravis, which causes muscles to tire and weaken easily throughout the body, in adults who are positive for antibodies directed toward a protein called acetylcholine receptor (anti-AChR antibody positive).

Please see the full Prescribing Information for <u>VYVGART</u> and the full Prescribing Information for <u>VYVGART HYTRULO</u>, and talk to your doctor.

*Sue and David are paid spokespeople of argenx.

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