

VYVGART Hytrulo®
(efgartigimod alfa and hyaluronidase-qvfc)



CIDP Doctor Discussion Guide

CIDP affects everyone differently and can change over time. It's important that your doctor knows how the condition is impacting your daily activities. Use this guide to help you discuss your symptoms and abilities.

There are questions within this guide that can help you partner with your doctor and get the most out of your conversations, including if VYVGART Hytrulo could be right for you.

➔ **Take a look and get started**

What is VYVGART HYTRULO® (efgartigimod alfa and hyaluronidase-qvfc)?

VYVGART HYTRULO is a prescription medicine used to treat adults with chronic inflammatory demyelinating polyneuropathy (CIDP).

It is not known if VYVGART HYTRULO is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION

Do not take VYVGART HYTRULO if you are allergic to efgartigimod alfa, hyaluronidase, or any of the ingredients in VYVGART HYTRULO. VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information throughout. Please see full [Prescribing](#) and [Patient Information](#) for VYVGART HYTRULO.

How are your CIDP symptoms affecting you?

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Instructions: During your next appointment, your doctor may ask you questions about your CIDP symptoms. Consider how your symptoms affect your everyday life. Circle the figure below in the places where you experience symptoms. Then, use the space provided to describe your symptoms and how they are impacting your life.

Today's date: _____

Last treatment date: _____

Arms

Example

Symptom: Weakness

Impact: Difficult to wash my hair

Symptom(s):

Impact:

Hands

Example

Symptom: Numbness

Impact: Hard to button a shirt

Symptom(s):

Impact:

Legs

Example

Symptoms: Loss of balance and trouble walking

Impact: Difficult to do activities like grocery shopping

Symptom(s):

Impact:

Feet

Example

Symptom: Foot drop (ankle weakness)

Impact: Challenging to go up and down the stairs without holding onto the railing

Symptom(s):

Impact:



Do you use a mobility device? _____ If yes, list which type(s): _____

Have you had any falls related to your CIDP symptoms since your last doctor's visit? _____

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Reflect on your CIDP treatment

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It can be helpful to regularly ask yourself questions about your current CIDP treatment. Respond to the questions below to get a better understanding of how well it's working for you.

If you're not currently on treatment, skip this page.

1 Are your symptoms being managed well?

☐ Most of the time ☐ Sometimes ☐ Not often ☐ Not at all

2 How often are you able to do the daily activities that are important to you?

☐ Most of the time ☐ Sometimes ☐ Not often ☐ Not at all

3 How often do treatment side effects affect you daily?

☐ Most of the time ☐ Sometimes ☐ Not often ☐ Not at all

4 How often is your schedule impacted by your CIDP treatment?

☐ Most of the time ☐ Sometimes ☐ Not often ☐ Not at all

What aspects of your treatment can use help?

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Before taking VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you:

- have an infection or fever.
- have recently received or are scheduled to receive any vaccinations.
- have any history of allergic reactions.
- have kidney (renal) problems.
- are pregnant or plan to become pregnant. It is not known whether VYVGART HYTRULO will harm your unborn baby.
 - Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to VYVGARTPregnancy.com
- are breastfeeding or plan to breastfeed. It is not known if VYVGART HYTRULO passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

VYVGART HYTRULO can cause side effects which can be serious, including:

- **Infection.** VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection:
 - fever
 - chills
 - frequent and painful urination
 - cough
 - pain and blockage of nasal passages
 - wheezing
 - shortness of breath
 - sore throat
 - excess phlegm
 - nasal discharge

- **Allergic reactions (hypersensitivity reactions).**

VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction:

- rash
- swelling of the face, lips, throat, or tongue
- shortness of breath
- hives
- trouble breathing
- low blood pressure
- fainting

- **Infusion or injection-related reactions.** VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction:

- high blood pressure
- chills
- shivering
- chest, stomach, or back pain

The most common side effects of VYVGART HYTRULO include respiratory tract infection, headache, urinary tract infection, and injection site reactions.

These are not all the possible side effects of VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

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Dosage forms and strengths:

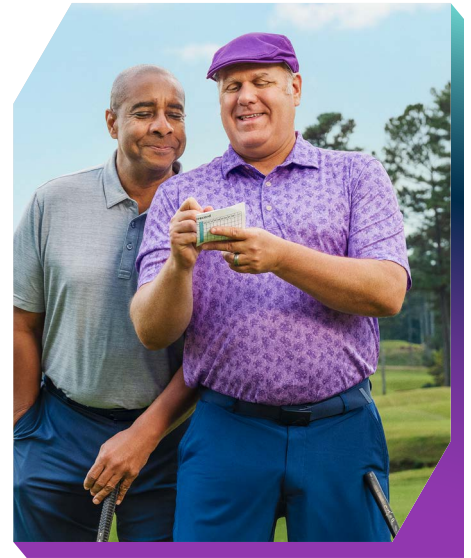
VYVGART Hytrulo is available as a single-dose subcutaneous injection containing: 200 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per prefilled syringe, or 180 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per vial.

Talk to your doctor about VYVGART Hytrulo for self-injection

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A different approach to CIDP

- ✓ The first major innovation in CIDP treatment in over 30 years*
- ✓ The first and only plasma-free treatment approved by the FDA for adults with CIDP
- ✓ A **~20-30 second self-injection**, delivered once weekly with a prefilled syringe, so more of the day can be yours†
- ✓ You and/or your caregiver will receive in-person **training at home or in your doctor's office** until you're ready to inject on your own. You'll also get a demonstration kit to help you practice



*VYVGART Hytrulo contains efgartigimod alfa and hyaluronidase, and is specifically designed to attach to FcRn receptors.
†Please see **Patient Information**. Follow appropriate administration steps in the **Instructions for Use**. Monitor for signs and symptoms of an allergic reaction for at least 30 minutes after injection. If an allergic reaction occurs, you should seek medical attention.
FcRn=neonatal Fc receptor.

Bring this guide to your next appointment to start the conversation.
Learn more at VYVGARTHytruloCIDP.com.



Information for your doctor

Share this QR code with your doctor so they can learn more about the safety and efficacy of **VYVGART Hytrulo**.

SELECT IMPORTANT SAFETY INFORMATION

VYVGART HYTRULO can cause side effects which can be serious, including infection. VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection: fever; chills; frequent and painful urination; cough; pain and blockage of nasal passages; wheezing; shortness of breath; sore throat; excess phlegm; nasal discharge.

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