



VYVGART Hytrulo®
(efgartigimod alfa and hyaluronidase-qvfc)

GET STARTED WITH YOUR **SELF-INJECTION**

The VYVGART Hytrulo prefilled syringe
can fit into your day

This guide should not be used as a substitute for the **Patient Information** and the **Instructions for Use** and only provides an overview of the self-injection process. Please thoroughly review the **Patient Information** and the step-by-step **Instructions for Use** document found inside your VYVGART Hytrulo carton before each injection.

What is VYVGART HYTRULO® (efgartigimod alfa and hyaluronidase-qvfc)?

VYVGART HYTRULO is a prescription medicine used to treat adults with generalized myasthenia gravis (gMG) who are anti-acetylcholine receptor (AChR) antibody positive.

VYVGART HYTRULO is a prescription medicine used to treat adults with chronic inflammatory demyelinating polyneuropathy (CIDP).

It is not known if VYVGART HYTRULO is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION

Do not take VYVGART HYTRULO if you are allergic to efgartigimod alfa, hyaluronidase, or any of the ingredients in VYVGART HYTRULO. VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information throughout. Please see full Prescribing and Patient Information for VYVGART HYTRULO.

Self-injection can fit your life, your plans, your schedule



Prefilled and can go where you go



- Inject in your own space, whether that's your kitchen table or a hotel room with a view*
- It is injected under your skin (subcutaneously)

Self-injection can mean more time in your day for the things you love



- Self-inject in about 20-30 seconds with the VYVGART Hytrulo prefilled syringe*

*Please see **Patient Information**. Follow appropriate administration steps and storage and handling guidance in the **Instructions for Use**. Monitor for signs and symptoms of an allergic reaction for at least 30 minutes after injection. If an allergic reaction occurs, you should seek medical attention.

SELECT IMPORTANT SAFETY INFORMATION

Before taking VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you: have an infection or fever; have recently received or are scheduled to receive any vaccinations; have any history of allergic reactions; have kidney (renal) problems. Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

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Support from the start

Personalized one-on-one training

- You and/or your caregiver will receive **in-person training** at home or in your doctor's office until you're ready to inject on your own
- You'll also get a demonstration kit to help you practice



SELECT IMPORTANT SAFETY INFORMATION

Before taking VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you: are pregnant or plan to become pregnant; are breastfeeding or plan to breastfeed. It is not known whether VYVGART HYTRULO will harm your unborn baby. It is not known if VYVGART HYTRULO passes into your breast milk. Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to [VYVGARTPregnancy.com](https://www.vyvgartpregnancy.com).

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Set up your space

- ✓ Make sure to read the **Patient Information** and the **Instructions for Use** before each injection
- ✓ Take the VYVGART Hytrulo prefilled syringe carton out of the refrigerator. Remove 1 prefilled syringe. Put the carton with other syringes back in the refrigerator for later use
- ✓ Remove the prefilled syringe from the tray and check the expiration date. **Do not** use the prefilled syringe if the expiration date has passed
- ✓ Check the condition of the prefilled syringe and cap. **Do not** use if cracked, broken, damaged, or the cap is missing
- ✓ Check that the medicine looks clear to yellowish in color—it's okay if the medicine is slightly cloudy. **Do not** use if the medicine is discolored or contains particles
- ✓ Place the prefilled syringe on a clean, flat surface. Let it sit for at least 30 minutes to allow the medicine to warm to room temperature. **Do not** attempt to warm the prefilled syringe in any other way
- ✓ **Do not** use the prefilled syringe if it has been at room temperature for longer than 30 days

While you wait, gather the rest of the supplies



1 safety needle



1 alcohol swab



1 sharps
disposal container



1 sterile gauze
or small adhesive
bandage (as needed)

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VYVGART HYTRULO can cause side effects which can be serious, including infection. VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection: fever; chills; frequent and painful urination; cough; pain and blockage of nasal passages; wheezing; shortness of breath; sore throat; excess phlegm; nasal discharge.

Please see Important Safety Information throughout. Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO.

Get your prefilled syringe ready



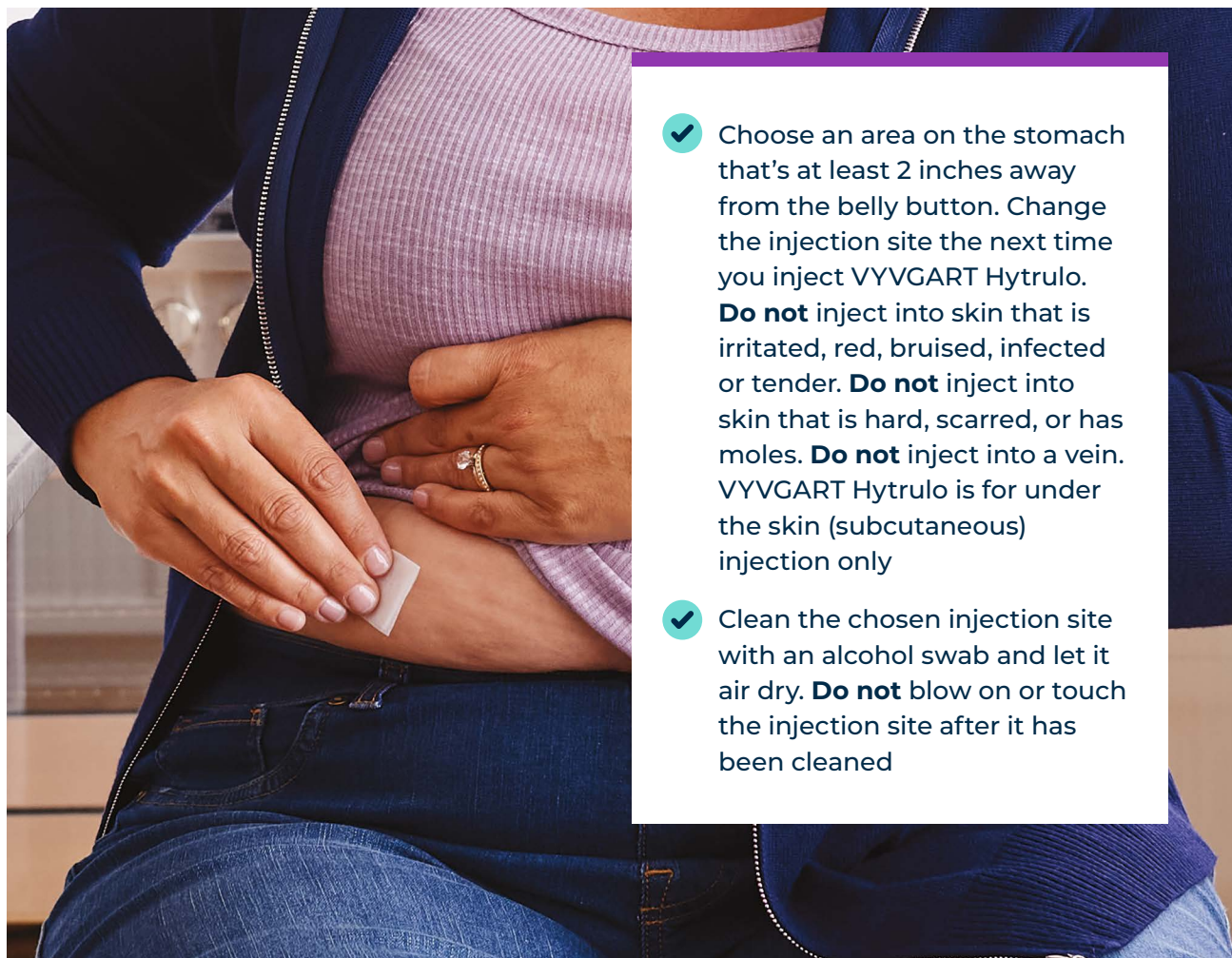
- ✓ Wash your hands thoroughly with soap and water
- ✓ Carefully open the safety needle package and remove the needle. Throw the packaging into the household trash
- ✓ Bend the prefilled syringe cap to one side to snap it off and remove it from the prefilled syringe. Throw away the prefilled syringe cap into the household trash. **Do not** touch the tip of the prefilled syringe after you have removed the cap
- ✓ Hold the prefilled syringe in one hand and attach the safety needle. Twist the needle (clockwise) to the right until you feel resistance. The safety needle is now attached

SELECT IMPORTANT SAFETY INFORMATION

VYVGART HYTRULO can cause side effects which can be serious, including allergic reactions (hypersensitivity reactions). VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction: rash; swelling of the face, lips, throat, or tongue; shortness of breath; hives; trouble breathing; low blood pressure; fainting.

Please see Important Safety Information throughout. Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO.

Choose and clean the injection area



- ✓ Choose an area on the stomach that's at least 2 inches away from the belly button. Change the injection site the next time you inject VYVGART Hytrulo. **Do not** inject into skin that is irritated, red, bruised, infected or tender. **Do not** inject into skin that is hard, scarred, or has moles. **Do not** inject into a vein. VYVGART Hytrulo is for under the skin (subcutaneous) injection only
- ✓ Clean the chosen injection site with an alcohol swab and let it air dry. **Do not** blow on or touch the injection site after it has been cleaned

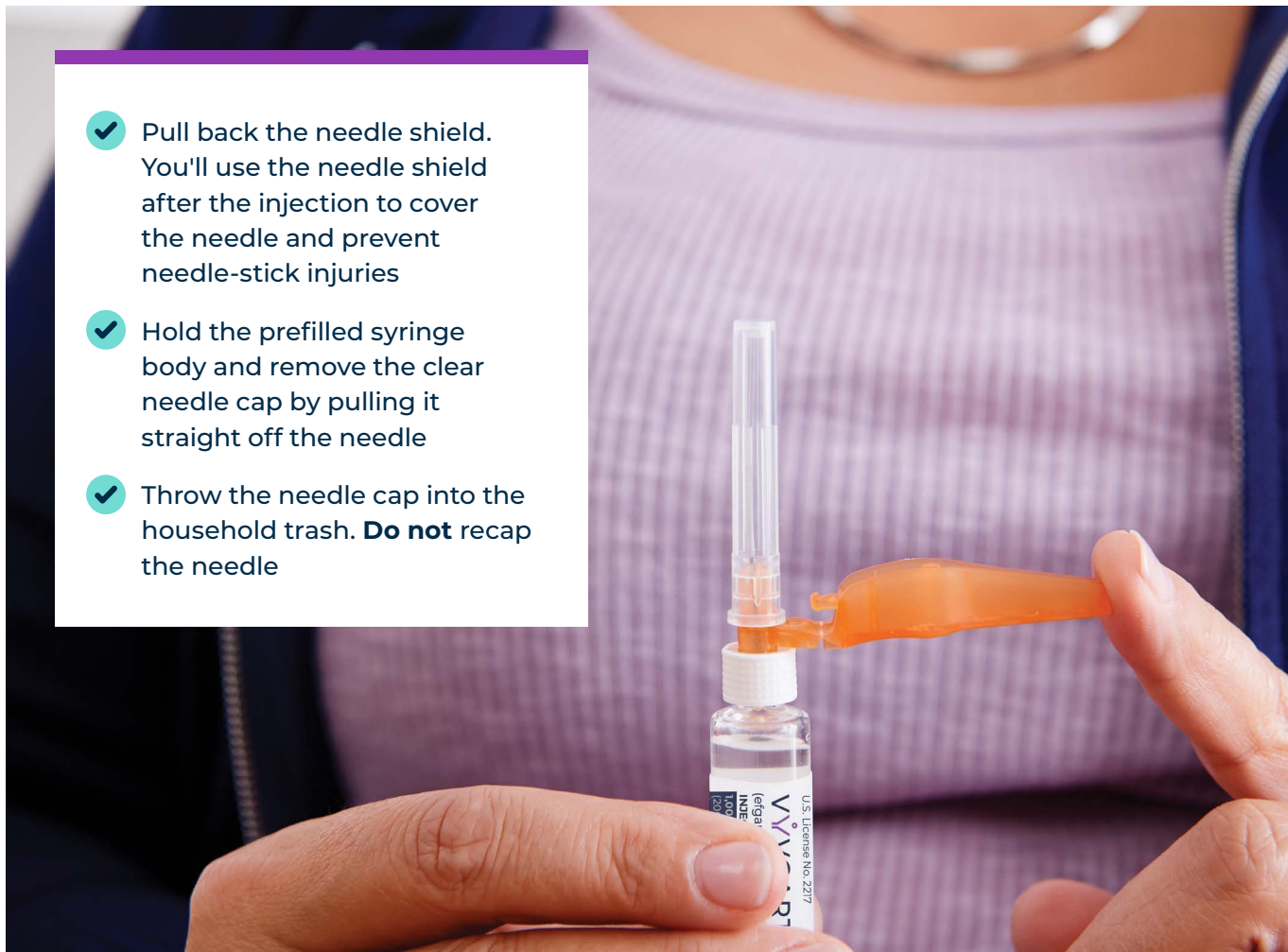
SELECT IMPORTANT SAFETY INFORMATION

VYVGART HYTRULO can cause side effects which can be serious, including infusion or injection-related reactions. VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction: high blood pressure; chills; shivering; chest, stomach, or back pain.

Please see Important Safety Information throughout. Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO.

Prepare to inject

- ✓ Pull back the needle shield. You'll use the needle shield after the injection to cover the needle and prevent needle-stick injuries
- ✓ Hold the prefilled syringe body and remove the clear needle cap by pulling it straight off the needle
- ✓ Throw the needle cap into the household trash. **Do not** recap the needle



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The most common side effects of VYVGART HYTRULO include respiratory tract infection, headache, urinary tract infection, and injection site reactions. These are not all the possible side effects of VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

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Inject with the VYVGART Hytrulo prefilled syringe



Pinch the cleaned injection site. Don't pinch the skin too tightly as this can cause bruising.



While pinching the skin, insert the needle at a 45 to 90-degree angle all the way into the pinched skin. Then release the pinched skin.



Slowly press the thumb pad all the way down until no medicine remains in the syringe.

It will take about 20-30 seconds to inject all the medicine.

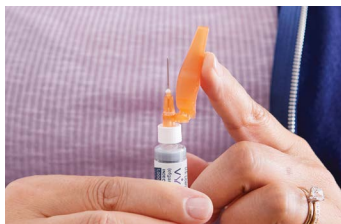
- You will feel resistance as you press down. Inject more slowly in case there is discomfort
- It's okay if you need to pause or change your grip during the injection
- **Do not** try to force the thumb pad down quickly as this will make the thumb pad harder to press



After injecting all the medicine, remove the needle from your skin by pulling it straight out without changing the angle that it was inserted.

Please see **Patient Information**. Follow appropriate administration steps and storage and handling guidance in the **Instructions for Use**. Monitor for signs and symptoms of an allergic reaction for at least 30 minutes after injection. If an allergic reaction occurs, you should seek medical attention.

Dispose of the used syringe



Carefully push the needle shield over the needle until it snaps into place and covers the needle. This helps prevent needle-stick injuries. **Do not** recap the needle using the clear needle cap. Only use the needle shield to cover the needle.



Then, throw away the used prefilled syringe, with the needle still attached, into an FDA-cleared sharps disposal container right away after use. **Do not** throw away loose needles and syringes into your household trash.

For more information about safe sharps disposal in your state, visit [FDA.gov/SafeSharpsDisposal](https://www.fda.gov/safesharpsdisposal)

Treat the injection site



If there is a small amount of blood or liquid at the injection site, press on the area with sterile gauze until the bleeding stops. If needed, you may apply a small adhesive bandage.

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- have an infection or fever.
- have recently received or are scheduled to receive any vaccinations.
- have any history of allergic reactions.
- have kidney (renal) problems.
- are pregnant or plan to become pregnant. It is not known whether VYVGART HYTRULO will harm your unborn baby.
 - Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to VYVGARTPregnancy.com
- are breastfeeding or plan to breastfeed. It is not known if VYVGART HYTRULO passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

VYVGART HYTRULO can cause side effects which can be serious, including:

- **Infection.** VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection:

- fever	- wheezing
- chills	- shortness of breath
- frequent and painful urination	- sore throat
- cough	- excess phlegm
- pain and blockage of nasal passages	- nasal discharge

- **Allergic reactions (hypersensitivity reactions).** VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction:
 - rash
 - swelling of the face, lips, throat, or tongue
 - shortness of breath
 - hives
 - trouble breathing
 - low blood pressure
 - fainting
- **Infusion or injection-related reactions.** VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction:
 - high blood pressure
 - chills
 - shivering
 - chest, stomach, or back pain

The most common side effects of VYVGART HYTRULO include respiratory tract infection, headache, urinary tract infection, and injection site reactions.

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- chronic inflammatory demyelinating polyneuropathy (CIDP).

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Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO.

Dosage form and strength:

VYVGART Hytrulo is available as a single-dose subcutaneous injection containing 200 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per prefilled syringe.

A self-injection that can fit your plans



Inject in your own space, whether that's your kitchen table or a hotel room with a view*



Self-inject in about 20-30 seconds with the VYVGART Hytrulo prefilled syringe*

My VYVGART® *Path*

Enroll in the VYVGART Patient Support Program

With My VYVGART Path, you'll have access to resources and personalized support throughout your treatment journey.

Talk with your doctor and ask to be enrolled in My VYVGART Path, or visit enrollMVP.com to download the form.

Already enrolled? Call **1-833-MY-PATH-1 (1-833-697-2841)** to talk with a Nurse Case Manager.

Watch the self-injection video at VYVGARTHytrulo.com/HowTo

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