VYVGART Hytrulo®
(efgartigimod alfa and hyaluronidase-qvfc)

A DISCUSSION GUIDE FOR

Talking to your neurologist about your CIDP journey

CIDP STEP is here to help you focus on important topics during conversations with your neurologist. Keep this resource handy and put it to use when you tackle your next CIDP discussion.

What is VYVGART HYTRULO® (efgartigimod alfa and hyaluronidase-qvfc)?

VYVGART HYTRULO is a prescription medicine used to treat adults with chronic inflammatory demyelinating polyneuropathy (CIDP).

It is not known if VYVGART HYTRULO is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION

Do not take VYVGART HYTRULO if you are allergic to efgartigimod alfa, hyaluronidase, or any of the ingredients in VYVGART HYTRULO. VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information on last page. Please see full Prescribing and Patient Information for VYVGART HYTRULO.

Where are your CIDP symptoms affecting you?

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Instructions: Circle the figure below in the places where you experience symptoms. Then, use the space provided to describe your symptoms. This will all help your neurologist better understand your CIDP experience.

Today's date: _____ **Last doctor's appointment:** _____

Arms

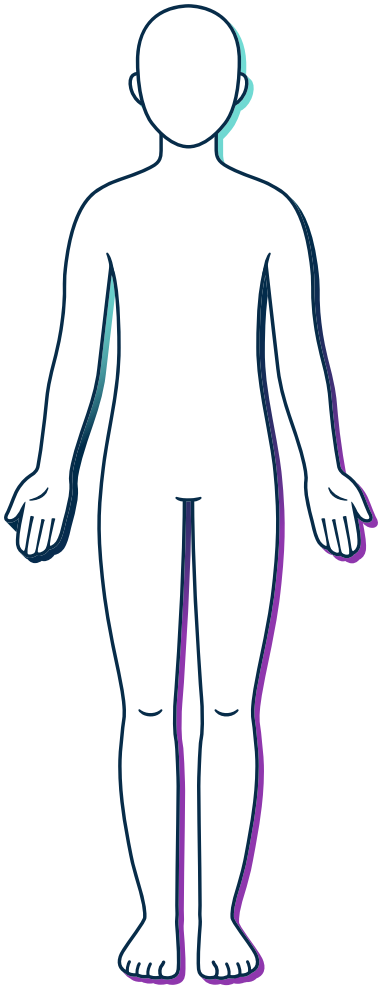
Example
Symptom: *Weakness*

Symptom(s):

Hands

Example
Symptom: *Numbness*

Symptom(s):



Legs

Example
Symptoms: *Loss of balance and trouble walking*

Symptom(s):

Feet

Example
Symptom: *Foot drop (ankle weakness)*

Symptom(s):

Do you use a mobility device? _____ **If yes, list which type(s):** _____

Have you had any falls related to your CIDP symptoms since your last doctor's visit? _____

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Take the next STEP in your CIDP journey

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Now, using the space below, see how you can use CIDP STEP to explain your personal CIDP experience:

S Symptom impact

Thinking about the *symptoms* you've noted on the previous page, how do you believe they impact your daily activities?

T Trends in symptoms

Have you noticed any changes in the *frequency and/or intensity* of your symptoms, how noticeable they are to others, and the parts of your body they affect?

E Experience with treatment

Aside from any successes, have you *experienced* challenges on your current treatment plan, including any logistical or medical concerns?

P Personal goals

If your CIDP symptoms and daily abilities could be improved, what are your *personal* short- and long-term *goals* to achieve on treatment?

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Considering switching treatments?

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Mark the questions below about VYVGART Hytrulo and ask your neurologist during your next appointment.



- Based on my medical history, is switching to VYVGART Hytrulo right for me?
- How does VYVGART Hytrulo work in the body?
- Does VYVGART Hytrulo have side effects?
- What does self-injection with the prefilled syringe involve?
- Is self-injection with the VYVGART Hytrulo prefilled syringe right for me?
- If I decide to switch treatments, what does the process look like?
- If I do switch, how do I know VYVGART Hytrulo is working?

Notes:

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Before taking VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you:

- have an infection or fever.
- have recently received or are scheduled to receive any vaccinations.
- have any history of allergic reactions.
- have kidney (renal) problems.
- are pregnant or plan to become pregnant. It is not known whether VYVGART HYTRULO will harm your unborn baby.
  - Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to VYVGARTPregnancy.com
- are breastfeeding or plan to breastfeed. It is not known if VYVGART HYTRULO passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

VYVGART HYTRULO can cause side effects which can be serious, including:

- **Infection.** VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection:
  - fever
  - chills
  - frequent and painful urination
  - cough
  - pain and blockage of nasal passages
  - wheezing
  - shortness of breath
  - sore throat
  - excess phlegm
  - nasal discharge
- **Allergic reactions (hypersensitivity reactions).** VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction:
  - rash
  - swelling of the face, lips, throat, or tongue
  - shortness of breath
  - hives
  - trouble breathing
  - low blood pressure
  - fainting
- **Infusion or injection-related reactions.** VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction:
  - high blood pressure
  - chills
  - shivering
  - chest, stomach, or back pain

The most common side effects of VYVGART HYTRULO include respiratory tract infection, headache, urinary tract infection, and injection site reactions.

These are not all the possible side effects of VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

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Dosage form and strength:

VYVGART Hytrulo is available as a single-dose subcutaneous injection containing 200 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per prefilled syringe.

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